# IMPACT OF DISCIPLINE ON STUDENTS' ACADEMIC PERFORMANCE (KAHNOOR EDUCATORS SCHOOL Renala Khurd)

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#### **ABSTRACT**

This research was conducted to investigate the effects of discipline on academic achievement in Kahnoor Educators School Renala Khurd. The research was descriptive in nature and data were collected by using questionnaire survey. The school climate established by the educator can have a major impact on learners' motivation and attitude towards learning. As such, the skills involved in establishing a positive classroom climate are of immense importance. Clearly, learners need order in the classroom if the activities, which take place, are to facilitate effective learning.

KEYWORDS: Discipline, Academic Performance, Learner Behaviour

#### Introduction

Discipline is the skill to honor the rules and regulations which are governed by the society or of any other organization (Adesina 1990). Discipline about to instability, honor the others, respect for own self. The word Discipline is derived from a Latin word 'Discipulus' mean to learn (Kochhar 2001). For creating a positive learning environment discipline is very important part. Discipline is an important part of learning and without discipline no Penfield work well towards the acquirement of goals. (Ouma 2013) . Through discipline students become responsible regard to their study (Dunham, 2001). Discipline plays important role in the acquirements of learning. A successful teaching and learning is not being complete without discipline (Eshetu 2014). Good discipline creates a good image of the school and prepares learners for their bright future. (Nakpodi, 2010). In other words, discipline is vital key for students' academic performance (Njoroge & Nyabuto, 2014). Basically discipline means the ability of students to differentiate between what is right or wrong and follow the rules and regulations (Gitome, Katola, & Nyabwari, 2013). Moreover, Discipline is very important for the management of schools and promotion of the school image. Nakpodi, 2010) Academic performance is improved where is good discipline exist. Discipline makes the environment positive for students. (Gitome 2006) .As we all know everything has two aspects one is always positive and another is negative as same discipline has two types positive discipline and negative discipline. (Umba 2001). As good discipline cause of students success as same lack of discipline cause students failure and raises a lot of difficulties such as late at school, irregular attendance and punishment, lack of vision and mission and poor time management. Lack of discipline is called indiscipline. Discipline is directly proportion to success. The more we are disciplined the more are near to success. We cannot survive in this world without water as same we cannot achieve success in learning without discipline. Discipline put the responsibility and helps in the achievement of goals (Dunham, 2001). Disciplined is all about perfection because it makes us a perfect man in all aspects of life.

### **Statement of the Problem Discipline:**

In learning discipline is one of the important parts that help to giving guidance in study. Discipline helps the students to show them right path towards their goals and also push them towards their destiny. Unluckily, some students have lack of discipline and this effect their habit for instance, some students do not attend classes, some are not regular in school etc. and all these things effect their academic performance negativity and this negative behavior cause of their failure .this type of troublemaking behavior among the learners must be expel for the betterment of the students. Students are the future of our country so we need to show them right path for their bright future and this is only possible when they are disciplined and know the importance of time. So there is need of positive discipline in learning.

## **Significance:**

This research will help to endorse from the level of discipline. The purpose of this research is to determine the level of discipline in students and teach them discipline rules and regulations and also aware them about the importance of the discipline in leaning. The main purpose of research to realize the students that by

following the discipline we can do our any work at time like we can submit our assignments at time and we can become regular in schools and also attend the classes regularly .So main purpose is to aware them about importance of discipline in learning and for excellent academic performance.

# **Objectives of the study:**

- 1. To determine the level of discipline in student performance
- 2. To find out how self-discipline impact on students' academic performance
- 3. To figure out the radius of impact of discipline on learning

#### **Literature Review:**

A discipline is very essential part of learning and without disciplines no organization do their work well. For a proper teaching and learning it's a responsibility of learners and teacher to show discipline for the school progress and for the result of learners because its play an important role. When a child start to learn something either formally or informally they need a immune place (Smith, 1996:18). And for creating a smooth environment discipline is the only way in which a child can learn and grow. In schools discipline problem is the main matter of education. Without discipline a goal can never be achieved. Basically the competence of learner supervisor and control their own behavior is called self-discipline. Self-discipline students are able to focus on their goals and are able to choose their academic engagement. Discipline policies should be set out—for the inquiry of different categories that depend on circumstances Teacher's competence will be measure by students' academic performance and no matter how well they prepare their lesson plan. A disciplined person knows his rights or duties towards the society because disciplined prepare a man to be a good person and also aware them about their duties regards their society. In learning students are disciplined by two types which effect their academic performance.

In the field of discipline we have two types of discipline

- 1) Positive discipline
- 2) Negative discipline

# Positive discipline:

Self-discipline, sometimes positive discipline is also known as self-discipline. This term of discipline is related to objectives and ambition and where no element of awe exists. (Umbel, 2001). Through positive discipline we become faithful of our teachers and we can achieve the success. For creating a positive discipline for learning needs to decrease distracting behavior in school. Cotton (2006) suggested that rules and the consequences of breaking them should be clearly specified and communicated to parents, learners, and teachers. It is encouraged self-control, individual responsibility, respect of school property, school rules and authority, good relationship between students and teachers. Discipline is widely acknowledged to be essential for creating a positive school climate conducive to sound academic performance (Masitsa, 2008) If we are disciplined so our norms can easily measure for example our behavior, kindness and social interactions. Discipline must be enforced and should take priority over other activities. A disciplined student is the one expected to arrive before lessons start and wait for the teacher. Positive discipline is related to preventive discipline and also providing pleasure in order to remain bond with values and goals

# **Negative Discipline:**

Negative discipline takes place when a learner is forced to follow the rules and orders and also forced to follow the regulations without any reason. Lack of discipline is the most serious problem facing the in schools and students extremely Concerned about mess environment(cotton 2006) This type of discipline cause of negative discipline and in this discipline the students behave like they are doing good things when seniors are present but when they are missing their behavior is quite different, this type of behavior include, being noisy, not paying attention to the teachers, extreme talks, not getting on with work required, arriving late for class and destroying School Property and sanitary and not submitting their homework task at time. And this type behavior make them stubborn in all the world misbehave from students sides is a main problem that effecting the school. It's happen among students and creates an unsafe atmosphere for students because of lack of trust. It is cause of teachers stress. For students good performance we need to remove negative discipline among the students. Among students there is



an immense need of positive discipline for learning. If school and teachers not pay focus on this problem it will cause of failure of students' academic performance and destroy the student's future.

# **Methodology:**

This chapter of research proposal provided the information about methodology.

# > Research Design:

This research is quantitative in nature. Data was collected from 8<sup>th</sup> class through a survey. The purpose of this research to check how discipline effects the student's learning. Through survey I collected data from class 8<sup>th</sup> in Kohnoor educators Renala Khurd. Where I notice how discipline impacts the students' academic performance and how discipline become the students obedient for the rules.

# > Target population

Eight class (8<sup>th</sup>) students were targeted in this survey.

# > . Participants

Total participants=80

<u>Male</u>	<mark>Female</mark>
<mark>35</mark>	<mark>45</mark>

#### > Instrument

### > Sample

The sample of size of my research is consisting of 80 students of Kohnoor education Renala Khurd

#### > Data collection instrument

Questionaries' were used in this research to collect the data on discipline from people to perceive the impact of discipline on students' academic performance.

## > Data collection analyzed;

Data was analyzed by using measuring scale and percentages %.

# > Data collection Procedure

The procedure of my research based on permission firstly I asked permission from school authority and then after getting the permission from school, I took discipline survey from school and after completing the research their responses were collected and then analyzed

### > Quantitative Response:

After took my research I analyzed the data and then draw the table which helps to understand that follow the discipline become the cause of student's improvement. Almost 95% students were engaged in this survey.

Content of	Male	percentage	female	percentage
discipline				
Students Follow	55	68%	70	88%
the rules				
Students	40	50%	67	84%
Submitting their				
assignment at				
time				
Students who	50	63%	50	93%
Regular attend				
the classes				

This shows

discipline becomes the reason of students' improvements. Discipline creates the good image of The School and also prepares students for future. This table show by follow the discipline we can done our work at time without any tension or any anxiety and we can also take advantage of time and can also enjoy with doing study. Discipline is important in student's life and its key of success and its helps to achieve the goals.in nature everything is bound with discipline. We cannot imagine successful students who do not follow the discipline. The success of

table

how

students depends on how he or she use the time and it is possible if follow the discipline. When students follow the discipline they are on the way of success and success makes their future bright .This result shows that discipline plays a key role in the achievement of students' academic performance. For the betterment of students' academic performance we need to focus on student's self-discipline.

### questionnaires

After collecting data from 8<sup>th</sup> class researcher used questionaries' almost from 40 Students to explore their opinion on the effects of discipline on the students learning. Through this questionaries' process, the researcher realized how much discipline is important for learning and for excellent academic performance.in questionaries' 70% out of 100% student's participant agree in favor of discipline and they strongly believe discipline is very important in learning for student's life and for achievement of their goals.

Data	collected
participants	
40	

# Analysis of questionaries'

# **Demographic information**

> Gender

male	Female
18	22

> Age

20-25	25-30
30	10

# 1) It is the duty of the school to maintain discipline?

Agree	Disagree
31	9
78%	22%

This table expose that 78% of respondents feel that it is the duty of the school to maintain discipline because school has authority to maintain everything whether related to school discipline or school property. However, 22% suggests that it is not the duty of the school to Maintain discipline. It's the duty of the students to maintain discipline in schools.

### 2) Discipline committee for learners minimizes discipline problems?

Agree	Disagree
28	12
70%	30

The above table shows clearly that respondents strongly believe that discipline committee lessen the problems of discipline and sought out every problems very easily .on the other side 30% responders against that discipline committee cannot reduce the discipline problems they believe its responsibility of the students to maintain discipline not the duty of any other person. They also believe students are educated so it's their first priority to show discipline.

### 3) The principal alone must maintain discipline.

Agree	disagree
22	18
55%	45%



This table present that 55% of the respondents believe that only one man can maintain discipline in school because he has authority to control everything. On the other side 45% responders believe that one man cannot maintain discipline and he need more staff to supervise the whole institute.

# 4) A school cannot operate successfully without discipline

Agree	Disagree
30	10
75%	25%

The table shows that 75% respondents agree that without discipline, a school cannot work well towards their functions successfully. They believe that discipline is important for success. So this is confirmed by the majority of respondents while o the other hand 25% of respondents disagrees that a school cannot operate successfully without discipline. They believe a school can operate successfully without discipline.

# 5) Discipline plays a role on learner-performance.

Agree	Disagree
37	3
93%	7%

This table show that 93% respondents who agree that discipline plays a role on Learner performance and it's a positive impact of students' academic performance. This strength shows that the majority of respondents strongly feel that Learners must be disciplined in order to get success. Its mean discipline is very important for learning process.

# 6) Learners must abide disciplinary procedures

agree	Disagree
23	17
58%	42%

In this table 58% of respondents idea that learners must abide by disciplinary procedures in the school. They believe schools should be holding some punishment that cause of students discipline in schools. They said this in this case when students' not follow the discipline in school. While 42% responders disagree in this favor.

# 7) Discipline influence teaching and learning in school?

Agree	Disagree
27	13
68%	32%

This table shows us 68% respondents agree in this research that discipline is compulsory for teaching and for learning. They said without discipline learning is impossible and teachers cannot be able to deliver their lecture to students and students are also not being able to understand the complete content. On the other hand 32% responders disagree and they said without discipline we can also learn and teachers also are able to teach us the lesson.

# 8): Corporal punishment slows the development of a child's feeling of

## Autonomy?

Agree	Disagree
15	25
38%	62%



This table shows that 38% respondents agree that corporal punishment slows the development of a child's autonomy. They believe it's not a just physical punishment it also effect their mental level. However 62% of respondents said that the use of corporal punishment does not slow down the level of learner's Independence.62% believes corporal punishment is necessary when it seems to be need. These people believe that corporal punishment does not impact negative on student's performance.

### 9) Corporal punishment maintains discipline in school?

Agree	Disagree
18	22
45%	55%

This table show that 55% respondents disagree that physical punishment is not a right way to maintain discipline in school in fact it cause students misbehave .On The other side 45% students agree that physical punishment is necessary for maintain discipline. Sometimes it's become compulsory.

# 10) Corporal punishment should be banned for good discipline in schools?

Agree	disagree
30%	10%
75%	25%

This table shows that 75% people believe if we want to grooming of our students and their performance so we should banned physical punishment in schools because it's not good for them and also cause of students misbehave. They believe we treat the students with love and motivate them for study instead of them punishing them. Through this we can ensure good discipline in schools. On the other hand 25% responders believe physical punishment not be banned in schools because they thought some time it good for students to realize them their mistakes.

## Findings of questionnaires

In overview of this research, majority of the respondents were in favor of discipline. They people believed discipline is very important for learning. They people agree in all the aspects of discipline whether related to study or teaching. They said without discipline learning is incomplete. They said without discipline we cannot imagine the successful student. If we follow the discipline we are able to achieve our goals. The majority of respondents feel instant need for discipline among learners and students in order to create a positive environment in schools. Infact most respondents suggest that learners must be involved in all measures to sustain discipline in schools. They believe discipline is important for successful teaching and for learning. Discipline creates a positive image of the school and build a great impression of the school. And show how much students are responsible regarding towards their study. It is important to note that majority of respondents disagree for physical punishment and they also add sometime physical punishment cause of mental disturbance and students not focused on their study. And they said teachers treated the students with love and with affection and this way become a cause of student's positive behavior and students show disciplined. Respondents also state only a principal cannot maintain discipline its responsibility of all the staff and student for the image of the school. When students are disciplined they automatically become responsible for their learning and it's a positive impact of student's academic performance. So discipline is very important for students' academic performance and for their bright future.

# Conclusion:

Discipline guides the students not just only in learning of education but for each and every step of their lives and also guide for the right way of their bright future. Discipline has a neutral positive relationship with students. The term Discipline gives the students viscosity Through my survey I realized those students who follow the discipline are on the way of success instead who are not. If we increase the level of discipline among the students so definitely we increase the level of success among students. Because discipline is one that is a leading agent of every men's life. it's a secret of a successful person. It is very well saying 'If we want to be a successful person in the world we need to follow the discipline'. For a successful learning or for a successful life, he /she need follow

the discipline. Discipline guides us in every aspect of our life and with the help of discipline we can convince the other people around us to be disciplined. At last discipline is the essential component of successful life.

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