

## Violation of Human Rights in Pakistan

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### Abstract

Pakistan has a long-standing history of human rights violations across various fronts, including political, social, and religious spheres. Despite constitutional safeguards and international obligations, the country continues to grapple with systemic issues ranging from gender inequality and religious persecution to extrajudicial killings and enforced disappearances. This abstract delves into the critical areas of concern, examining the underlying factors contributing to these violations and the challenges in addressing them effectively. It additionally investigates the job of government organizations, common society, and worldwide entertainers in advancing basic freedoms in Pakistan. At last, it prescribes strategy changes and cultural changes to moderate denials of basic freedoms and encourage a culture of regard for human poise and equity. The implications of human rights violations are examined, emphasizing their detrimental effects on individual well-being, social cohesion, economic development, and international relations. Additionally, the project assesses the role of media, technology, and global advocacy in exposing and addressing these violations and the challenges and opportunities for fostering a culture of human rights, respect, and protection in Pakistan. Through far reaching examination and investigation, this venture plans to add to the talk on basic freedoms and backer for significant change towards an all the more and fair society in Pakistan.

*Keywords:*religious extremism, minority rights, legal system, socioeconomic disparities, political instability

#### Introduction

Education is a cornerstone of societal progress, serving as a vital catalyst for local, national, and international advancement. Basic liberties Training assumes a vital part in cultivating familiarity with common freedoms among people, in this way working with the scattering of information among guardians, understudies, and society. This empowers individuals to recognize and address human rights violations effectively. By providing a quality education grounded in human rights principles and values, young people can actively promote human rights and contribute to cultivating responsible citizenship (Smith, 2019).

Human Rights, as defined by the United Nations in 2003, encompass all individuals' freedoms and basic entitlements. (Uygun1996) describes H.R.s as essential rights that every human being should possess, regardless of sex, race, religion, or socioeconomic status, emphasizing the principle of human dignity. Similarly, (Yesil2002) emphasizes the universal nature of H.R.s, stating that they are fundamental rights inherent to all individuals by their humanity and are inviolable and non-negotiable. These rights are not subject to arbitrary deprivation by governments or other entities and cannot be transferred or relinquished by individuals.

Human rights education is critical in protecting and upholding H.R.S. H.R.E. aims to empower individuals by raising awareness of their rights, teaching them how to assert and defend them, and fostering respect for the rights of others (Gulmez, 2001; Patrick, 1999). (Kepenekci2000) expands on this, noting that H.R.E. Includes the instructing of basic freedoms as well as the advancement of related values and the development of ways of behaving that maintain human poise and equity.

The beginning of the mid-1990s denoted the beginning of the all inclusive domination of Basic Freedoms Schooling (H.R.E.), a pattern that keeps on forming worldwide cultural structures today. Recognized as a cornerstone for fostering social cohesion on a global scale, H.R.E. has become an integral component of formal education systems across numerous nations. Undoubtedly, the preservation of societal tranquility hinges upon the dissemination of H.R.E. principles. At its core, H.R.E. aims to cultivate responsible citizenship by imparting knowledge about both individual freedoms and the privileges of others as cherished in the law (Nordin et al., 2012).

In December 1994, the United Nations (U.N.) paved the way for a concerted effort in H.R.E. by establishing the U.N. Decade for H.R.E. (1995-2004), as decreed by the General Assembly Resolution 49/184. This landmark initiative underscored the obligation of nations to devise tailored strategies and programs aimed at disseminating public awareness through the promotion and support of H.R.E. activities, thereby ensuring comprehensive H.R.E. provision (Nordin et al., 2012).

Similarly, UNESCO's educational blueprint, "Learning to Live Together," emphasizes H.R.E. as a fundamental pillar. This framework advocates for cultivating values, cultures, and beliefs that foster understanding, empathy, and mutual respect, ultimately promoting nonviolent conflict resolution, peaceful coexistence, and the prevention of disputes (Tibbits, 2006).

#### **Research Justification**

Human Rights Education (H.R.E.) has arisen as an essential field to advance mindfulness, understanding, and regard for common liberties standards among people and networks internationally. Established in accepting everybody is qualified for specific crucial privileges and opportunities, no matter what their experience or conditions, H.R.E. seeks to empower people to recognize, protect, and advocate for these rights. This essay explores the significance of H.R.E. in fostering responsible citizenship, promoting social cohesion, and advancing human rights agendas at local, national, and international levels.

Human Rights (H.R.s)are inborn to all people, as perceived by the Unified Countries and other global bodies. They incorporate common, political, financial, social, and social freedoms fundamental for human respect and prosperity. Nonetheless, the acknowledgment of these privileges is frequently blocked by obliviousness, separation, and foundational shameful acts. H.R.E. seeks to address these challenges by providing individuals with the knowledge, skills, and attitudes to uphold human rights principles daily.

One critical objective of H.R.E. is to cultivate responsible citizenship by educating individuals about their rights and responsibilities as members of society. By imparting knowledge about human rights laws, conventions, and mechanisms for



redress, H.R.E. empowers people to engage actively in civic life and participate in democratic processes. Moreover, H.R.E. fosters a sense of solidarity and empathy towards marginalized and vulnerable groups, prompting individuals to address inequality and injustice.

Furthermore, H.R.E. promotes social cohesion and peaceful coexistence within diverse communities. By promoting tolerance, respect, and equality, H.R.E. creates inclusive environments where individuals from different backgrounds can coexist harmoniously. Moreover, by raising awareness of the root causes of discrimination and conflict, H.R.E. helps to prevent the escalation of tensions and promotes dialogue and reconciliation.

At the international level, H.R.E. is instrumental in advancing human rights agendas and holding governments and other actors accountable for their actions. By promoting a culture of human rights, H.R.E. strengthens the capacity of individuals and civil society organizations to monitor human rights violations, advocate for policy reforms, and seek justice for victims. In addition, H.R.E. encourages global fortitude and collaboration as people become more mindful of their interconnectedness and shared liability to advance and safeguard common freedoms around the world.

## **Research Objectives**

The essential goal of this exploration is to lead a far reaching examination of common liberties infringement in Pakistan, employing an intellectually rigorous approach to explore the multifaceted dimensions of these violations. By delving into specific cases and patterns of violations, the research aims to provide a nuanced understanding of the underlying dynamics and root causes contributing to systemic injustices in the country.

Through critically examining historical, political, and socioeconomic factors, the research seeks to elucidate the complex interplay of power dynamics, institutional failures, and societal attitudes that perpetuate human rights abuses in Pakistan. Besides, by consolidating bits of knowledge according to different disciplinary viewpoints, including regulation, social science, and political theory, the examination means to offer an all encompassing and interdisciplinary investigation of basic liberties challenges in the Pakistani setting.

Eventually, the research generates evidence-based recommendations and policy insights to inform practical interventions and strategies to promote human rights protection, foster accountability, and advance social justice in Pakistan. By adopting an intellectual approach grounded in rigorous research methods and critical analysis, this study seeks to contribute meaningfully to academic scholarship, policy discourse, and advocacy efforts in human rights.

# **Research Methodology**

This study utilized a systematic review approach to establish its research framework, with its objectives set accordingly (Komba&Lwoga, 2020). Extensive literature exploration on the topic was conducted, as indicated by the research findings being categorized based on their content (Hiver et al., 2021; Petticrew& Roberts, 2006). It was structured using headings to incorporate this classified information into the study, Ian et al., 2021; Pawson et al., 2005). The study's progression was determined by evaluating the classified information and titles (Page,



2021; Rahi, 2017), ensuring the research subject's contents' integrity (Egger et al., 2022; Victor, 2008). Consequently, this methodology was chosen, and the associated procedures were followed. Reviewing pertinent literature led to the accumulation of data and information, which were coded according to the study's objectives. These coded data were then organized by subject matter. Following classification and consolidation, the subjects were arranged based on their degree of interconnectedness.

# Literature Review

Pakistan, a nation with a rich cultural heritage and a complex socio-political landscape, has been marred by widespread human rights violations across various domains. Several reports and submissions by reputable organizations shed light on the prevalent challenges and underscore the urgent need for remedial action. The U.N.P.O. submission highlights the plight of marginalized communities in Pakistan, mainly focusing on the Baloch, Sindhi, and Pashtun populations. It highlights the orderly segregation and brutality looked by these gatherings, including implemented vanishings, extrajudicial killings, and limitations on opportunity of articulation and affiliation. Moreover, the report underscores the public authority's inability to resolve these issues really, sustaining a pattern of exemption and shamefulness (U.N.P.O., 26 June 2023).

Reprieve Global's accommodation for the U.N. General Occasional Survey gives a thorough outline of common freedoms infringement in Pakistan. It features the inescapable utilization of torment and abuse by policing, the reduction of opportunity of articulation and gathering, and the oppression of strict minorities. The report likewise causes to notice the pervasiveness of orientation based brutality and oppression ladies, as well as the difficulties looked by common freedoms protectors in the nation (Reprieve Global, 2019).

The Global Commission of Legal advisers (I.C.J.) report centers around the issue of opportunity of religion or conviction (FoRB) in Pakistan. It frames the unfair regulations and practices that target strict minorities, prompting viciousness, inconsistent captures, and, surprisingly, extrajudicial killings (I.C.J., 2024).

The joint preparation by F.I.D.H. furthermore, the Basic Liberties Commission of Pakistan gives a definite examination of basic freedoms infringement in Pakistan, with a particular spotlight on issues like implemented vanishings, extrajudicial killings, and limitations on opportunity of articulation and affiliation. The report features the public authority's inability to address these infringements really, calling for evil act to consider culprits responsible and guarantee equity for casualties (Basic freedoms Commission of Pakistan, 2019).

Lastly, the U.N.O.D.C. report examines the gender dimensions of human trafficking and smuggling in Pakistan. It identifies key challenges, including the lack of gender-sensitive responses, limited access to justice for victims, and the prevalence of harmful gender stereotypes. The report calls for a holistic approach to addressing human trafficking that prioritizes the protection and empowerment of women and girls (U.N.O.D.C., 2021).

#### Historical Background of Human Rights Violations in Pakistan

Pakistan's history is scarred by a multitude of human rights violations stemming from various sources, including political instability, military interventions, ethnic tensions, and international conflicts. One huge part of these infringement is the common military mediations in the country's political undertakings. Since its autonomy in 1947, Pakistan has seen a few military upsets and times of military



regulation, leading to the suppression of political dissent and the erosion of fundamental rights (Human Rights Watch, 2020).

- 1. Formation of Pakistan and Initial Challenges: Pakistan's formation in 1947 amid the partition of British India was marked by widespread violence and communal tensions, resulting in one of the largest migrations in history (Butalia, 1998). The segment prompted the uprooting of millions of individuals and the deficiency of countless lives, making way for persevering through enmities among India and Pakistan (Talbot & Singh, 2009).
- 2. Political Instability and Military Rule: Pakistan's history has been characterized by periods of democratic governance interspersed with prolonged spells of military rule. General Ayub Khan's military coup in 1958 initiated a trend of military interventions in politics, leading to restrictions on civil liberties and curbing freedom of expression (Burki, 2002). General Zia-ul-Haq's system, which came to endure an overthrow in 1977, further entrenched authoritarianism and introduced Islamization policies that marginalized religious minorities and women (Ahmad, 2009). General Pervez Musharraf's rule from 1999 to 2008 was marked by censorship, crackdowns on dissent, and human rights abuses (Lodhi, 2008).
- **3.** Impact of Terrorism and Extremism: Pakistan's involvement in the war on terror following the 9/11 attacks heightened internal conflicts and fueled radicalization within the country. Extremist groups, including the Taliban and sectarian outfits, perpetrated terrorist attacks targeting civilians, religious minorities, and security forces (Rashid, 2008). The rise of militancy and extremism led to a wave of violence and instability, undermining efforts to establish peace and stability in the region (Fair, 2014).
- 4. Challenges to Human Rights and the Rule of Law: Pakistan has been plagued by numerous challenges to human rights and the rule of law. Domestic and international Human rights activists have reported enforced disappearances, arbitrary killings, torture, and arrests. The lack of transparency, clout, and independence in the judiciary and a pervasive institution of political violence and gratuitous punishment have created a culture of impunity in human rights violations (Human Rights Watch, 2022). As a result, human rights activists have continued to perpetuate human rights violations to feed a culture of retaliation.

5. Efforts Towards Reform and Accountability.Despite these outstanding challenges, Pakistan has made some remarkable progress in reducing human rights violations. A non-governmental organization from Pakistan, Human Rights Commission of Pakistan, reports that communities, human rights activists, and legal practitioners are taking their voices to the street to demand reform and train local leadership on human rights standards. Legislative measures, such as the Anti-Terrorism Act of 1997, have been enacted to combat terrorism and protect citizens' rights (Government of Pakistan, 1997).

# **Challenges & Solutions: Ensuring Rights Amidst State Failures**

Human rights, an essential facet of human existence, have been ingrained in societal norms since ancient times. Rooted in religious teachings and ethical principles, the concept of human rights transcends geographical and cultural boundaries. Since the beginning of time, different developments have explained and maintained standards pointed toward defending the poise and prosperity of people inside society.

In "Gender and Human Rights in Islam and International Law: Equal Before Allah, Unequal Before Man?" by (Ali S. S.2000), the complex intersection of gender, Islam, and international law is explored with meticulous detail. Ali delves into the intricacies of how gender equality is perceived within Islamic principles and how it aligns or diverges from international legal frameworks. The book critically examines whether there exists a dichotomy between the equality advocated by Islam before Allah and the inequality often experienced by women in societal and legal contexts. Through a comprehensive analysis, Ali navigates the nuances of Islamic jurisprudence and its interaction with contemporary human rights discourses, shedding light on the tensions and reconciliations that arise between religious beliefs and universal human rights principles.

In the Islamic tradition, the teachings espoused by Prophet Muhammad (P.B.U.H.) emphasize social justice, compassion, and respect for human dignity. The Prophet's teachings addressed societal ills such as oppression, exploitation, and discrimination, advocating for the rights of all individuals irrespective of their faith or background (Maududi, 1977). The Charter of Medina, established in 622, provided a framework for governance and outlined principles of justice, protection of rights, and equality, particularly emphasizing the rights of women (Rehman, 2008).

Similarly, Hinduism, with its concept of Dharma, underscores the importance of social order and individual responsibilities within society. Dharma guides individuals in leading righteous lives, upholding moral values, and fostering harmony and balance in societal relationships. The ancient Hindu legal system, as embodied in the Laws of Twelve Tables, outlined principles of justice, property rights, and legal procedures, laying the foundation for a just and equitable society (Steven, 2009).

Modernity has further expanded the sphere of human rights, mostly in line with Enlightenment ideas and democratic movements. One of the principal milestones was the 1948 Universal Declaration of Human Rights, which is the first international document that explicitly describes and protects human rights. Being a signatory of the UDHR, Pakistan explicitly shifted the principles reflected in the declaration to its constitution and formulated fundamental rights like life, liberty, and equality before the law.

The other critical document outlining proper conduct regarding human rights in Pakistan is the Objectives Resolution of 1949, which formulated principles of sovereignty, democracy, and the protection of minority rights. The principles were further detailed in subsequent acts and laws, ensuring that Islamic principles and citizens' rights are balanced.

Furthermore, Pakistan's Constituent Assembly, established in 1947, was pivotal in drafting the country's constitution and enshrining critical principles of democracy, equality, and freedom of expression (Rabbani, 2005). The get together pondered on different issues, remembering safeguarding individual freedoms and the state's job for guaranteeing civil rights and monetary government assistance.

The Assembled Countries has been at the front of advancing common liberties through different shows and settlements in the worldwide field. Global Basic Liberties Regulation (I.H.R.L.) incorporates different legitimate instruments to safeguard people's privileges and opportunities around the world (Nicholas and Bottomley, 2014). The U. N's. endeavors to maintain basic liberties mirror an aggregate



obligation to encouraging harmony, equity, and poise for all mankind. A portion of these are as per the following:

- 1. **Introduction to human rights in the United Nations Charter:**Introduction to common liberties in the Unified Countries Contract: The text features the meaning of the General Statement of Basic freedoms as a foundation report in guaranteeing basic freedoms universally. It highlights the responsibility of part states to maintain and advance basic liberties as framed in the UN Charter.
- 2. **Implementing human rights domestically:** This section discusses states' obligation to implement international human rights norms domestically and various methods to achieve this, such as adopting legislative measures and providing effective remedies for rights violations.
- 3. **Role of courts in requirement of common freedoms:** The job of courts in upholding basic liberties is significant. The text makes sense of how people can move toward courts to look for change for privileges infringement, referring to explicit articles from the Constitution of Pakistan that engage courts to safeguard crucial freedoms.
- 4. Latest case laws: This section provides examples of recent cases where courts have adjudicated on human rights issues. It highlights the importance of judicial activism in safeguarding human rights and ensuring accountability, particularly in cases involving discrimination, access to justice, and protection of vulnerable groups.
- **5.** Role of legal counselors in safeguarding basic liberties: Legal counselors assume a pivotal part in pushing for common freedoms and teaching people about their privileges. They act as delegates for clients looking for equity and add to spreading lawful information among the general population.

The presentation highlights the essential significance of the General Announcement of Basic freedoms in maintaining common liberties standards worldwide. Part states' obligation to advancing and safeguarding basic liberties, as revered in the UN Contract, makes way for homegrown execution endeavors.

## Present State of Human Rights Violation in Pakistan

In Pakistan, executing global basic liberties standards locally is a protected commitment. The judiciary plays a vital role in ensuring compliance with these norms, as evidenced by various court rulings that uphold fundamental rights and remedy rights violations (U.N.H.C.R., 2016).

Late case regulations show the legal executive's proactive position in shielding basic liberties. For instance, on account of Common Flight Authority V. Preeminent Redrafting Court G.B., the High Court reaffirmed the pertinence of essential privileges to all residents, remembering those for GilgitBaltistan (PLD, 357).

Also, the job of legal advisors in safeguarding common liberties couldn't possibly be more significant. They act as teachers, consultants, and promoters for people looking for equity.By informing clients of their rights and representing them in legal proceedings, lawyers contribute to realizing human rights principles at the grassroots level (Goldsmith &Cowdery, 1999).

The excerpt provided sheds light on various aspects related to human rights violations, political turmoil, and socioeconomic challenges faced by Pakistan. It underscores the critical role of legal professionals, also known as legal experts, in addressing these issues. Lawful specialists are supposed to safeguard the honors of everybody in court, partake in open interest suits, go about as guard dogs of the public authority, and act as political resistance where essential. Also, they are entrusted with

teaching and bringing issues to light among conventional residents about their freedoms, honors, and obligations to society and the state.

Moreover, the section features the commonness of basic freedoms infringement in Pakistan, especially under military rule. The military's influence and actions have often resulted in the infringement of fundamental human rights, leading to political unrest and societal struggles. The excerpt discusses the challenges faced by minority groups, the issue of unemployment contributing to terrorism, and the importance of education in combating radicalism and extremism.

Enforcing human rights, ensuring fair processes, and enhancing access to human rights are crucial to addressing these challenges. Fair trial rights, access to justice, and protection against arbitrary detention are fundamental principles that must be upheld. Moreover, further developing admittance to basic freedoms requires a deliberate exertion from the public authority and common society to resolve foundational issues and guarantee responsibility for basic liberties infringement.

By and large, the entry highlights the significance of lawful experts in maintaining basic liberties, advancing equity, and tending to financial difficulties in Pakistan. By supporting for fair cycles, admittance to equity, and regard for basic freedoms, legitimate specialists assume a crucial part in propelling law and order and cultivating a more evenhanded and just society.

Consideration is central to guaranteeing basic freedoms for all people, especially those from minimized and rejected gatherings. Notwithstanding, accomplishing incorporation requires tending to foundational boundaries and teaming up with different partners, including states, common society associations, and public basic liberties establishments.

States play a central role in initiating change and enforcing protective legislation to ensure access to rights. Despite this, many states face inadequate support and service challenges due to poverty, corruption, and inefficiency. Human rights organizations must continue to advocate for governmental accountability and work towards strengthening state capacity to fulfill their obligations under international law (Weinberg et al., 2003).

While civil society organizations can complement government efforts, they must maintain the state's role in protecting rights. Efforts to strengthen government capacity are essential, particularly in regions where traditional norms perpetuate discrimination, such as gender inequality. Moreover, economic reforms should prioritize social protection and equitable resource allocation to prevent further exclusion (Weiner, 1998).

In addressing exclusion, human rights groups must engage with state and nonstate actors, employing various strategies such as advocacy, capacity-building, and community empowerment. Collaboration with marginalized communities is crucial to understanding their needs and priorities while building grassroots movements for social change (Williams, 2008). National Human Rights Institutions (N.H.R.I.s) serve as intermediaries between the state and citizens, with the potential to influence government policies and priorities. To maximize their effectiveness, N.H.R.I.s must adopt inclusive approaches, reaching out to marginalized communities and ensuring transparency and accountability in their operations (Idris, 2009).

Then again, psychological warfare represents a critical danger to basic liberties and cultural prosperity. It is characterized by acts of violence intended to instill fear and achieve political goals. The root causes of terrorism include socioeconomic disparities, political instability, religious extremism, and lack of access to justice (Akber Ali Versus State Bank of Pakistan, 2016).

Legislation such as the Anti-Terrorism Act 1997 in Pakistan defines terrorism and provides legal mechanisms for prosecuting offenders. However, effective counterterrorism measures require addressing grievances and investing in education, healthcare, and socioeconomic development (Region of Punjab through Secretary of Punjab Public Indictment Division V/s Mohammad Rafique, 2018).

#### Discussion

A digging into the mind boggling scene of basic freedoms infringement in Pakistan presents a convincing and multi-layered point for conversation. Starting with a verifiable investigation, it is clear that the groundworks of basic freedoms standards in Pakistan are well established in strict lessons, moral systems, and sacred orders. From the lessons of Prophet Muhammad (P.B.U.H.) to the Sanction of Medina and the Objective Goal of 1949, Pakistan's obligation to maintaining common liberties has developed throughout the long term.

Notwithstanding, regardless of these basic standards, contemporary difficulties endure, as confirmed by reports from respectable associations like Pardon Global, the Worldwide Commission of Law specialists, and the Unified Countries. These reports feature foundational issues like authorized vanishings, extrajudicial killings, victimization strict minorities, and limitations on opportunity of articulation and affiliation.

Also, the job of the legal executive and legitimate experts in tending to basic freedoms infringement couldn't possibly be more significant. Ongoing case regulations represent the legal executive's proactive position in protecting key freedoms and giving solutions for privileges infringement. Through their backing and portrayal, legitimate experts assume a vital part in propelling the reason for common freedoms and guaranteeing responsibility for culprits of infringement.

Given these difficulties, the significance of worldwide structures and shows, like the Widespread Announcement of Basic liberties and Global Common Freedoms Regulation, ought to be thought of. Pakistan's commitment to these international standards is reflected in its participation as a signatory to various treaties and conventions to protect human rights.

Looking ahead, the discussion must also encompass strategies for addressing systemic barriers to human rights protection, such as poverty, corruption, and political instability. Strengthening state institutions, enhancing access to justice, and promoting social and economic development are essential steps towards creating a more equitable and just society in Pakistan.

#### Findings

Several key findings emerge after comprehensively examining human rights violations in Pakistan. Firstly, there is a pervasive pattern of systemic discrimination and violence against marginalized communities, counting the Baloch, Sindhi, and Pashtun populaces. Upheld vanishings, extrajudicial killings, and limitations on opportunity of articulation and affiliation are wild, sustaining a pattern of exemption and treachery.

Thirdly, orientation based savagery and victimization ladies stay predominant in Pakistan in spite of protected assurances of balance. Ladies keep on confronting obstructions in getting to equity, training, and work, worsening their weakness to savagery and double-dealing.

Additionally, terrorism and political instability pose significant challenges to human rights protection, leading to violations such as arbitrary detention, torture, and extrajudicial killings. The state's counterterrorism measures often infringe on civil liberties and fail to address underlying grievances. Furthermore, the lack of accountability mechanisms and ineffective implementation of human rights laws perpetuate a culture of impunity for perpetrators of violations. While playing a crucial role in safeguarding fundamental rights, the judiciary faces challenges in enforcing judgments and ensuring access to justice for all.

#### Conclusion

The examination of human rights violations in Pakistan reveals a complex and multifaceted landscape characterized by systemic discrimination, violence, and impunity. Throughout history, foundational principles rooted in religious teachings, ethical frameworks, and constitutional mandates have underscored Pakistan's commitment to upholding human rights. In any case, contemporary difficulties continue, as proven by reports from trustworthy associations like Acquittal Worldwide, the Global Commission of Legal scholars, and the Unified Countries.

One of the most major problems is the inescapable example of fundamental separation and brutality against minimized networks, including the Baloch, Sindhi, and Pashtun populaces. Upheld vanishings, extrajudicial killings, and limitations on opportunity of articulation and affiliation keep on sabotaging the freedoms and nobility of these networks, propagating a pattern of exemption and treachery.

Moreover, religious minorities such as Christians and Hindus face discrimination and persecution due to discriminatory laws and practices, further exacerbating their vulnerability to violence and exploitation.

Gender-based violence and discrimination against women remain prevalent in Pakistan despite constitutional guarantees of equality. Women continue to face barriers to accessing justice, education, and employment, further entrenching their marginalization and vulnerability to violence.

Additionally, terrorism and political instability pose significant challenges to human rights protection, leading to violations such as arbitrary detention, torture, and extrajudicial killings. The state's counterterrorism measures often infringe on civil liberties and fail to address underlying grievances, exacerbating tensions and contributing to further rights violations.

Moreover, the lack of accountability mechanisms and ineffective implementation of human rights laws perpetuate a culture of impunity for perpetrators of violations. While the judiciary plays a crucial role in safeguarding fundamental rights, it faces challenges in enforcing judgments and ensuring access to justice for all. Comprehensive reforms are urgently needed to address systemic barriers to human rights protection in Pakistan. Strengthening accountability mechanisms, enhancing access to justice, and promoting social and economic development are essential steps towards creating a more equitable and just society.

In light of these challenges, Pakistan should encourage a culture of regard for common liberties, resistance, and inclusivity. This requires a purposeful exertion from all partners, including the public authority, common society associations, lawful experts, and the worldwide local area. By cooperating to address fundamental complaints, reinforce responsibility systems, and advance basic liberties schooling and mindfulness, Pakistan can construct a reasonable structure for common freedoms security.

The discoveries highlight the earnest requirement for far reaching changes to address fundamental obstructions to basic freedoms security in Pakistan. Reinforcing responsibility components, upgrading admittance to equity, and advancing social and financial improvement are fundamental stages towards making a more evenhanded and just society. Moreover, encouraging a culture of regard for common freedoms, resilience, and inclusivity is basic for building an economical system for basic freedoms security in Pakistan.

# Recommendations

Based on the analysis of human rights violations in Pakistan, the following recommendations are proposed:

- 1. Strengthen accountability mechanisms to hold perpetrators of violations accountable.
- 2. Improve access to justice for victims, especially marginalized groups, by providing legal aid and specialized courts.
- 3. Promote human rights education in schools and public awareness campaigns.
- 4. Repeal discriminatory laws and practices targeting religious minorities, women, and marginalized communities.
- 5. Support civil society organizations and human rights defenders through funding and capacity-building.
- 6. Enhance international cooperation with human rights organizations and foreign governments.
- 7. Prioritize the protection of vulnerable groups in all policies and programs.
- 8. Uphold the freedom of the legal executive and law and order to guarantee fair settlement of basic liberties cases.

## **Research Limitations**

While this dissertation thoroughly examines human rights infringements in Pakistan and proposes strategies for their resolution, it's crucial to recognize some constraints.

- 1. **Data availability:** Reliable and comprehensive data on human rights violations in Pakistan may be limited due to underreporting, lack of transparency, and political sensitivities.
- 2. **Bias in reporting:** Reports from international organizations and civil society groups may be subject to bias or selective reporting, potentially skewing the portrayal of human rights violations in Pakistan.
- 3. **Scope of analysis:** The thesis focuses primarily on documented human rights violations and may not capture the full extent of abuses experienced by marginalized communities, particularly those in remote or conflict-affected areas
- 4. **Legal framework:** While recommendations are provided for legal and policy reforms, implementing these measures may need to be improved by challenges such as bureaucratic inertia, resistance from vested interests, and limitations in the existing legal framework.
- 5. **Sociopolitical context:** Human rights violations in Pakistan are influenced by complex socio-political factors, including historical tensions, regional conflicts, and cultural norms. These contextual factors may impact the effectiveness of proposed interventions and require nuanced approaches.
- 6. International relations: The involvement of foreign actors and international interventions in Pakistan's domestic affairs may complicate efforts to address



human rights violations, necessitating careful consideration of geopolitical dynamics and diplomatic relations.

## **Research Implications**

The findings and recommendations presented in this thesis have several implications for research and practice in the field of human rights in Pakistan:

- 1. **Research methodology:** Future research endeavors could explore innovative data collection and analysis methodologies to overcome limitations such as bias in reporting and data availability. Using both quantitative and subjective strategies like overviews, meetings, and contextual analyses could improve the profundity of understanding into denials of basic freedoms in Pakistan.
- 2. **Policy of advocacy:** Furthermore, the approach and support ideas introduced in this proposition outfit useful measures for policymakers, common society elements, and basic liberties backers to battle settled in hindrances to common liberties protecting in Pakistan. Further research could focus on evaluating the impact of these recommendations on policy formulation, implementation, and advocacy efforts.
- 3. **Legal reform:** Given the importance of legal and policy reforms in addressing human rights violations, future research could examine the feasibility and effectiveness of proposed legislative measures in promoting accountability, access to justice, and the protection of vulnerable groups.
- 4. **Contextual analysis:** Understanding the socio-political context in which human rights violations occur is essential for developing context-specific interventions and strategies. Future research could delve deeper into the historical, cultural, and geopolitical factors influencing human rights dynamics in Pakistan and their implications for policy and practice.
- 5. **International relations:** Research on the role of foreign actors and international interventions in shaping human rights discourse and practice in Pakistan could shed light on the complexities of international relations and their impact on domestic human rights protection efforts.

#### **Future Research Directions**

Building on the insights and recommendations provided in this thesis, future research in the field of human rights in Pakistan could explore several promising directions:

- 1. **Longitudinal studies:** Conducting longitudinal studies to track trends and patterns of human rights violations over time could provide valuable insights into the effectiveness of interventions and policy reforms in addressing systemic barriers to human rights protection.
- 2. **Comparative analysis:** Comparative studies comparing human rights practices and mechanisms for protection across different regions within Pakistan or with other countries in the region could help identify best practices and lessons learned for promoting human rights in diverse socio-political contexts.
- 3. **Intersectional analysis:** Adopting an intersectional approach to human rights research could explore the intersecting forms of discrimination and violence experienced by marginalized groups, including women, religious minorities, and ethnic communities. Such research could inform more targeted and effective interventions to address the unique challenges faced by these groups.
- 4. **Evaluation of legal reforms:** Evaluating the implementation and impact of legal and policy reforms aimed at promoting accountability, access to justice,

and the protection of vulnerable groups could provide valuable insights into the strengths and weaknesses of existing legal frameworks and inform future reform efforts.

**5. Stakeholder engagement:** Engaging stakeholders, including policymakers, civil society organizations, human rights defenders, and affected communities, in participatory research processes, could enhance the relevance, credibility, and impact of research findings and promote greater ownership of interventions and policy reforms.

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